

Lee E. Hullender Rubin, DAOM, LAc, Dipl OM, FABORM
Curriculum Vitae

CONTACT

Academic

Visiting Research Faculty
Department of OBGYN
Oregon Health and Science University
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Clinical

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ACADEMIC POSITIONS

American College of Acupuncture and Oriental Medicine, Houston, TX <i>Visiting Doctoral Faculty</i>	2014 – Present
New Zealand College of Acupuncture and Traditional Chinese Medicine <i>Visiting Lecturer</i>	2014 – Present
Oregon Health and Science University, Portland, OR <i>Visiting Research Faculty</i>	2013 – Present
Oregon College of Oriental Medicine, Portland, OR <i>Adjunct Research Faculty, Research Department Faculty, Master's and Doctoral Programs Clinical Supervisor, Master's and Doctoral Programs Postdoctoral Researcher, Research Department Visiting AOM Doctoral Lecturer and Supervisor</i>	2011 – Present
Bastyr University, Kenmore, WA <i>Adjunct AOM Clinical Faculty Affiliate AOM Clinical Faculty</i>	2007 – 2010
Jade Institute, Seattle, WA <i>Instructor</i>	2008 – 2010

CLINICAL POSITIONS

Portland Acupuncture Studio, Portland, OR <i>Clinic Director</i>	2013 – Present
Oregon College of Oriental Medicine, Portland, OR <i>Senior Acupuncturist, Faculty Practice</i>	2012 – 2013
Red Peony Acupuncture, Portland, OR <i>Acupuncturist</i>	2011 – 2012
Abundant Spring, Bellevue, WA <i>Clinic Director</i>	2005 – 2010
Northwest Center for Reproductive Medicine, Kirkland, WA <i>Acupuncture Program Manager</i>	2005 – 2010
Acupuncture Northwest, Seattle, WA <i>Acupuncturist</i>	2004 – 2005
Private Practice <i>Tiger Mountain Center for Acupuncture, Issaquah, WA Lee Hullender, LAc, Seattle, WA</i>	2002 – 2005

EDUCATION

DAOM	Oregon College of Oriental Medicine, Portland, OR Women's Health and Geriatrics Capstone: "Acupuncture improves in vitro fertilization pregnancy rates: a retrospective chart review" Mentors: Richard Hammerschlag, PhD; Tim Chapman, PhD; Elizabeth Burch, ND	2007 – 2009
MS	Bastyr University, Kenmore, WA Acupuncture and Oriental Medicine	2000 – 2001
BS	Bastyr University, Kenmore WA Natural Health Science in Oriental Medicine	1998 – 2000
Certificate	Oregon Health and Science University, Portland, OR Human Investigations Program Oregon Clinical and Translational Research Institute	2011 – 2013
Certificate	Shanghai Traditional Chinese Medicine University, Shanghai, PRC Advanced Herbal Studies in Gynecology, Internal Medicine & Trauma	2001

LICENSES and CERTIFICATIONS

State of Oregon Acupuncture License #153822	2011 – Present
State of Washington Acupuncture License #1879 <i>Inactive status as of Oct 2011</i>	2002 – Present
Diplomate of Acupuncture National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM)	2001 – 2005
Diplomate of Oriental Medicine National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM)	2005 – Present
Fellow, American Board of Oriental Reproductive Medicine (ABORM)	2008 – Present
Clean needle certification Council of Colleges of Acupuncture and Oriental Medicine (CCAOM)	1999
Provider Cardio Pulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) certification American Heart Association	2009 – Present
First Aid certification American Heart Association	2011 – Present

CONTINUING EDUCATION

1. Acupuncture during Labor and Delivery, Level 1. Claudia Citkovitz, MS, LAc, 2014.
2. Complementary and Alternative Medicine Research Methods – Basic Study Design and Basic Statistics. Claudia Witt and Klaus Linde. The Institute for Integrative Health. 2012.
3. Designing Pragmatic Trials for Comparative Effectiveness Research. Claudia Witt. The Institute for Integrative Health. 2012.
4. Systematic Reviews and Meta-Analysis. Susan Wieland and Eric Manheimer. The Institute for Integrative Health. 2012.
5. Writing Winning Grants: A Seminar for Clinician Scientists. Stephen W. Russell. Oregon Clinical and Translational Research Institute. 2010.
6. Blood Pathology and Bleeding Disorders. Sharon Weizenbaum, LAc. Jade Institute. 2010.
7. Reproductive Medicine track. AAAOM conference, Albuquerque, NM. 2010.
8. Acupuncture strategies to dramatically improve IVF outcomes. Brandon Horn, PhD, LAc, Wendy Yu, LAc, 2010.
9. Premature Ovarian Failure. Brandon Horn, PhD, LAc, Wendy Yu, LAc. 2008.

10. Infertility and TCM, Jane Lyttleton, 2007.
11. Acupuncture and IVF, Paul Magarelli, MD, Diane Cridennda, LAc, 2007.
12. Intern, The Fertile Soul retreats, Randine Lewis, PhD (India), LAc, 2006, 2007.
13. Infertility, Kerong Xie, LAc, MD (China), 2005.
14. Treating Infertility with Chinese Medicine, Randine Lewis, PhD (India), LAc., 2004.
15. Acupuncture in Pregnancy, Labor and Delivery, Gabriel Stux, MD, (Germany), 2003.
16. Clinical Mentorship, Tiger Mountain Center for Acupuncture, Issaquah, WA, 2002 – 2004.

PUBLICATIONS

Papers

1. Witt CM, Aicken M, Cherkin D, Chun TC, Elder C, Flower A, Hammerschlag R, Liu JP, Lao LX, Phurrough S, Ritenbaugh C, **Hullender Rubin L**, Schnyer R, Wayne PM, Rafferty Withers S, Bian ZX, Young J, Berman BM. Effective Guidance Document (EGD) for Chinese Medicine: A Consensus Document. *Trials*. 2014; 15:169.
2. Craig, LB, **Hullender Rubin L**, Peck JD, Anderson M, Marshall LA, Soules MR. Acupuncture performed before and after embryo transfer: a randomized controlled trial. *Journal of Reproductive Medicine*. 2014; 59(2):313-320.
3. **Hullender Rubin L**, Opsahl MS, Taylor-Swanson L, Ackerman D. Acupuncture and in vitro fertilization live births – a retrospective chart review. *Journal of Alternative and Complementary Medicine*. 2013; 19(7):637-643.
4. **Hullender Rubin L**, Cantor D, Marx B. Recurrent pregnancy loss and Traditional Chinese Medicine – a case study. *Medical Acupuncture*. 2013; 25(3):232-237.
5. Marx B, **Hullender Rubin L**, Milley R, Hammerschlag R, Ackerman D. A prospective, patient-centered data collection program at an acupuncture and oriental medicine teaching college. *Journal of Alternative and Complementary Medicine*. 2013; 19(5):410-415.
6. **Hullender Rubin L**, Marx B. Diminished ovarian reserve, Clomid and Traditional Chinese Medicine – a case study. *Medical Acupuncture*. 2012; 24(4):273-280.
7. **Hullender Rubin L**. Adjunctive role of Chinese herbs and acupuncture in an in vitro fertilization cycle – a case study. *American Acupuncturist*. 2010; 52:16-19.
8. **Hullender L**. Vaginismus successfully treated with Chinese medicine – a case study *American Acupuncturist*. 2009; 49:24-27.
9. **Hullender L**. Acupuncture improves in vitro fertilization pregnancy rates – a retrospective chart review. Doctoral Capstone. Oregon College of Oriental Medicine Library Press: Portland, OR. 2009.

Abstracts

1. **Hullender Rubin L**, Opsahl M, Wiemer K, Humphrey A, Allen P, Mist S, Ackerman D. The effects of adjuvant Whole-systems Traditional Chinese Medicine on In Vitro Fertilization live births: a retrospective cohort study [abstract]. *Journal of Alternative and Complementary Medicine*. 2014; 20(5):A12-A13.
2. **Hullender Rubin L**, Opsahl M, Wiemer K, Humphrey A, Allen P, Mist S, Ackerman D. O-7. Adjuvant whole systems Traditional Chinese Medicine improved fresh, non-donor In Vitro Fertilization live births: a retrospective chart review [abstract]. *Journal of Alternative and Complementary Medicine*. 2013; 19(7):A4.
3. **Hullender Rubin L**, Opsahl M, Wiemer K, Craig L, Ackerman D. P-5. A retrospective chart review comparing two acupuncture protocols on the day of in vitro fertilization fresh embryo transfer: do the points matter? [abstract]. *Journal of Alternative and Complementary Medicine*. 2013; 19(7):A1

4. **Hullender Rubin L**, Opsahl MS, Ackerman DL. Acupuncture improves in vitro fertilization live birth outcomes - a retrospective chart review. [Abstract]. *BMC Complementary and Alternative Medicine*. 2012; 12(Suppl 1):P71.
5. **Hullender Rubin L**, Opsahl MS, Ackerman DL. Acupuncture and donor egg in vitro fertilization cycles - a retrospective chart review comparing two acupuncture protocols. [Abstract]. *BMC Complementary and Alternative Medicine*. 2012; 12(Suppl 1):P219.

Book review

1. **Hullender Rubin L**. Book review: *Chinese medicine in fertility disorders* by Andreas Noll and Sabine Wilms. *American Acupuncturist*. 2010; 54:30-31.

CONFERENCE PROCEEDINGS

Oral Presentations

1. **Hullender Rubin L**, Opsahl MS, Weimer KE, Humphrey AA, Allen PC, Mist S, Ackerman D. The Effects of Adjuvant Whole-Systems Traditional Chinese Medicine on In Vitro Fertilization Live Births: A Retrospective Cohort Study. *International Research Congress for Integrative Medicine and Health*, 2014, Miami, FL.
2. **Hullender Rubin L**, Opsahl MS, Weimer KE, Humphrey AA, Allen PC, Mist S, Ackerman D. Adjuvant whole systems Traditional Chinese Medicine improved fresh, non-donor In Vitro Fertilization live births: a retrospective chart review. *Society for Acupuncture Research Conference*, 2013, Ann Arbor, MI.
3. **Hullender L**, Opsahl MS. Acupuncture improves in vitro fertilization pregnancy rates – a retrospective chart review. *Society for Acupuncture Research Conference*, 2010, Chapel Hill NC.
4. **Hullender L**, Opsahl MS. Acupuncture improves in vitro fertilization pregnancy rates – a retrospective chart review. *Symposium for Portland Area Research on Complementary and Alternative Medicine*, 2010, Portland OR.

Poster Presentations

1. **Hullender Rubin L**, Opsahl MS, Weimer K, Craig LB, Ackerman DL. A retrospective chart review comparing two acupuncture protocols on the day of in vitro fertilization fresh embryo transfer: do the points matter? *Society for Acupuncture Research Conference*, Ann Arbor, MI, 2013.
2. **Hullender Rubin L**, Opsahl MS, Ackerman DL. Poster 71. Acupuncture improves in vitro fertilization live birth outcomes - a retrospective chart review. *International Research Congress for Integrative Medicine and Health*, 2012, Portland, OR.
3. **Hullender Rubin L**, Opsahl MS, Ackerman DL. Poster 219. Acupuncture and donor egg in vitro fertilization cycles - a retrospective chart review comparing two acupuncture protocols. *International Research Congress for Integrative Medicine and Health*, 2012, Portland, OR.

PROJECTS IN DEVELOPMENT

1. Retrospective cohort study of acupuncture and whole systems Traditional Chinese Medicine interventions on in vitro fertilization pregnancy outcomes. *Preparing for publication*.
2. Provoked, localized vulvodynia treatment with acupuncture and lidocaine - a feasibility pilot study. *Actively recruiting*.
3. Acupuncture to prepare for labor in nulliparous women. *Proposal preparation for K12 Patient-Centered Outcomes Research Scholars Grant*.

GRANTS

National Vulvodynia Association Medical Research Fund Grant (\$29,263)	2013
Oregon College of Oriental Medicine Faculty Scholarship Grant (\$5,000)	2013
Council of Colleges of Acupuncture and Oriental Medicine (\$1,000)	2013
Oregon College of Oriental Medicine Faculty Scholarship Grant (\$5,440)	2012

AWARDS

Trainee Poster Honorable Mention	2012
International Society for Complementary Medicine Research	
International Research Congress on Integrative Medicine and Health	
Trainee Scholarship	2012
Academic Consortium for Complementary and Alternative Health Care	
Trustee Scholarship	2008
Oregon College of Oriental Medicine	

WORKSHOPS AND INVITED TALKS

1. **Hullender Rubin L.** Acupuncture & IVF: Effective & safe strategies to significantly improve pregnancy outcomes. New England School of Acupuncture. September 2014.
2. **Hullender Rubin L.** Learn how acupuncture improves IVF success and how to effectively communicate research to patients and doctors. ProD Seminars live webinar. June 2014.
3. **Hullender Rubin L,** Citkovitz C, Betts, D. The Craig IVF acupuncture protocol: a failure or a success? Medigogy.com live webinar. May 2014.
4. **Hullender Rubin L,** Peterson H, Mattieri E, Peterson C. Integrative Medicine panel on Fertility. Student Association for Integrative Medicine, Integrative Medicine Day. January 2014.
5. **Hullender Rubin L.** The feasibility of acupuncture for provoked, localized vulvodynia: Study design considerations. Women's Health Research Retreat. Oregon Health & Science University. January 2014
6. Stener-Victorin E, **Hullender Rubin L.** Designing translational research in women's health. Co-presenter. Society for Acupuncture Research, Pre-conference Workshop. March 2013.
7. **Hullender Rubin L.** The complexity of a Traditional Chinese Medicine intervention. Effective Guidance Document for Chinese Medicine: Consensus Workshop. April 2012.
8. **Hullender Rubin L.** IVF through a TCM lens. Jade Institute evening lecture series. October 2010.
9. **Hullender Rubin L.** Traditional Chinese Medicine challenges in research. Portland State University, Systems Science Department. April 2012
10. **Hullender Rubin L.** Acupuncture use and safety. OCOM Oriental Medicine Research II Course. April 2012.
11. **Hullender Rubin L.** Basal Body Temperature chart basics. OCOM Online Continuing Education. March 2012.
12. **Hullender Rubin L.** Basal Body Temperature charts and Chinese medicine. OCOM Clinic Seminar. July 2011, January 2012, February 2012.
13. Ackerman DL, Milley R, **Hullender Rubin L.** Capstone Research Methods: Retrospective Chart Review. OCOM DAOM Research Module. July 2011.
14. **Hullender Rubin L.** IVF through a TCM lens. Jade Institute evening lecture series. February 2010.
15. **Hullender Rubin L.** Enhancing your fertile potential with Acupuncture and Chinese herbal medicine. Resolve of Washington Annual Conference. March 2007, April 2009.

16. Craig LB, Gianarelli S, **Hullender L.** Acupuncture in Women's Health: Is the needle the answer? Seattle OB/GYN Society and Center for Fertility and Reproductive Endocrinology at Virginia Mason. April 2005.

COURSES TAUGHT

Doctoral

Infertility AOM Module (AA711)	2010 – Present
Infertility Biomedicine Module (BP711)	2009 – Present
Clinical Supervisor	2010 – Present
Clinical Case Studies (CL719)	2011 – 2013

Master's

Traditional Chinese Medicine Theory (CM 500)	2011 – 2012
Oriental Medicine Research I (RE 500)	2012
Oriental Medicine Research Project I-III (RE 650)	2012
Clinical Supervisor	2010 – 2012

STUDENTS MENTORED

Doctoral

Jack Handlin (Case Study, Capstone)	2010 – 2012
Maxine Dipasquale (Case Study)	2012
Brendan Walker Kozik (Case Study)	2012
Sara O'Byrne (Literature Review)	2013

Master's

Whitney Green (OM Research Project)	2011 – 2012
Jenny Stewart (OM Research Project)	2011 – 2012
Patrick Allen (OM Research Project)	2011 – 2012
Angela Humphreys (OM Research Project)	2011 – 2012
Mariko Horie (OM Research Project)	2013 – 2014
Alicia Roselle (OM Research Project)	2013 – 2014
Ruth Rowe (OM Research Project)	2013 – 2014
Jennifer Ward (OM Research Project)	2013 – 2014
Alisha Wimberly (OM Research Project)	2013 – 2014

DEPARTMENTAL SERVICE

Institutional Review Board	2013 – present
College Research Committee	2011 – 2013
Faculty Senate	2011 – 2013

PROFESSIONAL SERVICE AND AFFILIATIONS

Commissioner

Accreditation Commission of Acupuncture and Oriental Medicine

Committee

Chair, Bylaws committee, Accreditation Commission of Acupuncture and Oriental Medicine

Chair, Ad Hoc Social Media committee, Accreditation Commission of Acupuncture and Oriental Medicine

Audit & Finance committee, Accreditation Commission of Acupuncture and Oriental Medicine

Nominations committee, Accreditation Commission of Acupuncture and Oriental Medicine

Newsletter committee, Society for Acupuncture Research

Educational committee, Society for Acupuncture Research

Member

International Society for the Study of Vulvovaginal Disease
International Society for the Study of Vulvovaginal Disease, North American Chapter
American Society of Reproductive Medicine
American Society of Reproductive Medicine, Complementary & Alternative Medicine SIG
National Vulvodynia Association
Society for Acupuncture Research
Council of State Associations of Acupuncture and Oriental Medicine
Oregon Association of Acupuncture and Oriental Medicine

Peer Reviewer

Reproductive Biology Medicine Online
Journal of Affective Disorders
Asian Journal of Andrology
Evidence-based Complementary and Alternative Medicine
Journal of Alternative and Complementary Medicine
American Acupuncturist
Meridians: Journal of Acupuncture and Oriental Medicine

Examiner

Clean Needle Technique Exam, Council of College of Acupuncture and Oriental Medicine